



In-Office Dietitian Services

Digestive Health Associates, P.A. has arranged for on-site nutrition services as an added value for your child. Proper nutrition and growth is vital to your child's care. Dietitian services provided by Angela Lemond, RD, CSP, LD is a separate medical practice. All appointments are arranged through Angela's office and not the offices of Digestive Health Associates, P.A.

Your child's health privacy is important. With your permission, some information gathered by your doctor may be shared with Angela if your child goes under her nutrition care. In an effort to ensure your child's continued privacy, Angela Lemond, RD, CSP, LD follows strict Health Insurance Portability and Privacy Act (HIPAA) compliance.



Angela Lemond, RD, CSP, LD
at Digestive Health Associates, P.A.

Plano Office
7000 West Plano Parkway, Suite 235
Plano, TX 75093

Medical City Office
7777 Forest Lane, B304, Dallas, TX 75230

Appointments Call: 972-727-1222

"Health Investment Through Proper Nutrition."



Pediatric Nutrition
Maximize your child's success!



Angela Lemond, RD, CSP, LD
Board Certified as a Specialist in Pediatric Nutrition
Appointments Call: 972-727-1222
www.angelalemond.com



Angela Lemond, RD, CSP, LD

Bachelor's of Science in Clinical Dietetics,
University of Texas Southwestern Medical Center

Board Certified as a Specialist in Pediatric
Nutrition

Commission on Dietetic Registration

Certified Specialist in Weight Management

Commission on Dietetic Registration

Certified Specialist in Lactation

Lamaze International

Registered Dietitian

Commission on Dietetic Registration

Licensed Dietitian

Texas State Board of Examiners

Active member in Dallas, Texas and American
Dietetic Associations

Married with 2 children; loves the outdoors
including camping, hiking, mountain climbing,
running and biking.

Optimizing Your Child's Growth

Your child's medical condition may be impacting his or her ability to grow normally. This issue needs to be dealt with as soon as possible in order to normalize growth potential. Angela is a growth specialist that will customize a plan for your child in order to achieve their goals. She is a registered and licensed dietitian that specializes in Medical Nutrition Therapy (MNT).

MNT assesses and minimizes the problems hindering normal nutrition and improves an individual's nutritional status. MNT is a more intensive nutritional counseling and therapy regimen that relies heavily on follow-up and feedback to the patient to change their behavior over a period of time. Historical and current growth charts are analyzed in the pediatric patient along with an analysis of typical food intake. Each patient is given specific nutrition goals and targeted nutrition education in order to meet those goals.

"As a mother of two small children, I know firsthand how creative you must be in feeding your children a balanced diet. Proper behaviors around feeding are key to a family's success."
Angela Lemond, RD, CSP, LD



Nutrition Specialties

Failure to Thrive/Growth Failure

Weight Management

Family Nutrition

Inflammatory Bowel Disease

Irritable Bowel Disease

Celiac Disease

Eosinophilic Esophagitis

Food Allergies & Intolerances

Special Diets

Stages of Feeding, Infants & Toddlers

Picky Eaters

Maternal Nutrition

Lactation Support

Neonatal Nutrition

Division of Responsibilities in Feeding

Feeding Behaviors

Enteral (Tube) Feeding

Parenteral (PPN/TPN) Feeding

Contact Angela if the nutrition need is not listed. Some subspecialties may be referred out to ensure proper care.

