



In-Office Dietitian Services

Digestive Health Associates, P.A. and Pediatric & Adolescent Specialists of Rockwall has arranged for on-site nutrition services as an added value for your child. Proper nutrition and growth is vital to your child's care. Dietitian services provided by Angela Lemond, RD, CSP, LD is a separate medical practice. All appointments are arranged through Angela's office.

Your child's health privacy is important. With your permission, some information gathered by your doctor may be shared with Angela if your child goes under her nutrition care. In an effort to ensure your child's continued privacy, Angela Lemond, RD, CSP, LD follows strict Health Insurance Portability and Privacy Act (HIPAA) compliance.



Angela Lemond, RD, CSP, LD

Angela's Office - East Plano
555 Republic Drive, Suite 200
Plano, TX 75074

at Digestive Health Associates, P.A.

Dallas Medical City Office
7777 Forest Lane, B304
Dallas, TX 75230

West Plano Office
7000 West Plano Parkway, Suite 235
Plano, TX 75093

at Pediatric & Adolescent Specialists - Rockwall

890 Rockwall Parkway, Suite 100
Rockwall, TX 75032

Appointments Call: 972-422-9180

"Health Investment Through Proper Nutrition."



Pediatric Nutrition

Maximize your child's success!



Angela Lemond, RD, CSP, LD
Board Certified as a Specialist in Pediatric Nutrition
Appointments Call: 972-422-9180
www.angelalemond.com



Angela Lemond, RD, CSP, LD

Bachelor's of Science in Clinical Dietetics,
University of Texas Southwestern Medical Center

Board Certified as a Specialist in Pediatric
Nutrition
Commission on Dietetic Registration

Certified Specialist in Weight Management
Commission on Dietetic Registration
Certified Specialist in Lactation
Lamaze International

Registered Dietitian
Commission on Dietetic Registration
Licensed Dietitian
Texas State Board of Examiners

Active member in Dallas, Texas and American
Dietetic Associations

Married with 2 children; loves the outdoors
including camping, hiking, mountain climbing,
running and biking.

Optimizing Your Child's Growth

Your child's medical condition may be impacting his or her ability to grow normally. This issue needs to be dealt with as soon as possible in order to normalize growth potential. Angela is a growth specialist that will customize a plan for your child in order to achieve their goals. She is a registered and licensed dietitian that specializes in Medical Nutrition Therapy (MNT).

MNT assesses and minimizes the problems hindering normal nutrition and improves an individual's nutritional status. MNT is a more intensive nutritional counseling and therapy regimen that relies heavily on follow-up and feedback to the patient to change their behavior over a period of time. Historical and current growth charts are analyzed in the pediatric patient along with an analysis of typical food intake. Each patient is given specific nutrition goals and targeted nutrition education in order to meet those goals.

"As a mother of two small children, I know firsthand how creative you must be in feeding your children a balanced diet. Proper behaviors around feeding are key to a family's success." Angela Lemond, RD, CSP, LD



Nutrition Specialties

- Failure to Thrive/Growth Failure
- Weight Management
- Family Nutrition
- Inflammatory Bowel Disease
- Irritable Bowel Disease
- Celiac Disease
- Eosinophilic Esophagitis
- Food Allergies & Intolerances
- Special Diets
- Stages of Feeding, Infants & Toddlers
- Picky Eaters
- Maternal Nutrition
- Lactation Support
- Neonatal Nutrition
- Division of Responsibilities in Feeding
- Feeding Behaviors
- Enteral (Tube) Feeding
- Parenteral (PPN/TPN) Feeding

Contact Angela if the nutrition need is not listed. Some subspecialties may be referred out to ensure proper care.

